

**35th Annual Challenge Cup
Challenge Cup/Baker to Vegas Relay
March 23-24, 2019**

5th Captain's Meeting, February 20, 2019
Final in the series

Race Coordinator Chuck Foote brought the meeting to order at 12:00 pm.

LAPRAAC President

Rules Committee

Race Director & Chair of the Rules Committee Ruben Gonzalez
Chuck Foote; Frank Reilman, Burbank PD(Ret); Rogelio Maldonado, LA DA
Invest; Andrew Lee, LASD(Ret), Kathy Meek LAPD and Dave Miklos LASD
(Retired) Pat Larrigan Glendale PD Retired

Race Staff

Ruben Crane, Sponsor/Vendor Coordinator
Barbara Ginn, TC check-in/Award Distribution/Information Center
Merchandise Mgr, Debbie Rhoades
Katelyn Mittler, Chief's VIP Reception
Lisa Villa, RV Support Group
Dr. Troy Pennington & Robert Sebree, Medical Team
Peter Benjamins & Roozy Moabery
Joy Matlack & Margie Hoffman, Jeff Lee Amateur Radio Communications
Larry Wehage, Race Motors
Sam Zikry, Technical Advisor

Thank you

First for Jason Merrick many hours spent on the photos that will be printed on selected team Bib numbers. He took many varying levels of quality and created excellent representations of the EOW officers.

Janet Lester: who takes on the tough job of keeping Med base Operational

Several Guests spoke

LAPFCU Title Sponsor Daniel Saenz told teams not to forget their gift.

National Life Group Javier Rodriguez offered to help any teams with last minute fund raising.

U-Tube broadcast

LAPRAAC is going to live stream broadcast the Finishing runner. Find the link on the front page of the web site.

Finish Line Announcer

Pete Demetriou will give your # 20 runner a shout out if you want something special. Email it to me with all the particulars including your team #.

Total number of Teams: 287

- Chuck spoke to the teams about rule enforcement 35 Mpg in Pahrump and down side of Mt. Springs Pass. End of Stage # 16 & Start of # 17. Going to Race Course to review Stage # 14.
- Speed is also important on all highways and will be heavily enforced by CHP and NHP. **The Town of Pahrump is a 35** mile per hour speed limit – please have all your team members and volunteers adhere to this.

Medical Plan

Dr. Pennington; the entire Medical team with the full support of Verizon are putting into place a system to enhance medical care. Encourage your runner to go on line and complete their medical info. All care is given to confidential nature of this info and will be destroyed after the race.

Chuck spoke to the teams in regards to the overall Medical Plan. Dr. Pennington, Race Medical Director advised all T/C to be sure your team is hydrated and stay away from energy drinks high in caffeine. Dehydration is the # 1 problem.

- ✓ **No Alcohol 72 hours prior to running**
- ✓ **No pre-workout stuff**
- ✓ **No workout vitamins**
- ✓ **No Ephedrine patches**

Back of Bib number send to all runners so they have the answers to questions!

Race Coordinator

- Chuck Foote spoke about obeying the rules and how the officials of the race will enforce them.
- OIC at every Stage will be wearing a Blue Vest
- Race Officials will be wearing a Red Vest
- Race Photographer will be wearing a Tan Vest
- Stressed the importance all involved to ‘toe the line’ for this event. This is the largest law enforcement event in the world and we need to be very diligent and cautious out there.
- We have a great many people to thank. As you proceed along the race course, take a moment to express your appreciation to as many volunteers as you can. They make this race happen! Please let them know that.

Team Captain Commemorative Coin

- Very special thanks to the LAPRAAC Board for producing a Team Captain coin. Those T/C not present at today's meeting will pick up their coin at the Friday Check in/Briefing on Friday afternoon at the Westgate Convention Room.

LASD Homicide BBQ

- The LASD Homicide is hosting an "After race BBQ" Sunday March 24th 3301 West Martin Ave Las Vegas 89118. Party begins at 1100-1500 for further email to:
homicidebbq@yahoo.com

COP/Sheriff/Head of the Agency

- Invitations have been mailed for the VIP Reception on Sunday afternoon, from 3:00-5:00 PM. Katelyn Mittler, LAPRAAC, is in charge of the event and can be reached at kmittler@lapraac.com or (323) 221-5222 ext. 203.
- Business casual dress
- If your Chief Executive has not received the invitation contact Katelyn

On-Line Runner Registration

- Teams were instructed on the procedure for the On-Line Runner Registration.
- **The team captain must enter the names of his or her runners, including the first name of the # 12 runner, On-Line.**
- **The deadline to do this is March 18 at 10:00 am PDT.**

Timing

Teams as well as Individuals will be timed with a Computer Chip located in the Baton. There will be a camera at each exchange point taking photos of each handoff. You are advised to view this footage and the times on: itsyourrun.com You can also load an app to your smart phone with this program allowing you to see anything posted. **PASS this on to your runners.**

Team Briefing Schedule

- Check-in begins at the Westgate Hotel Convention Center Registration Desk at 3:00 pm for all teams.
- If you cannot make this Check in or you are late (Registration closes at 1830) there will be an additional opportunity on Saturday at 0800 Baker School

Baton Decal

- We have printed the baton decal to include the many officers and civilian personnel who passed away since our last race.

- You will be issued a Baton at the Starting line. The runner's responsibility is to know what to do at each exchange point.
- The incoming runner will ONLY hand baton off to out going runner. If NO out going runner is present, Race Timer will inform runner of where to place the Baton.
- At the end of the race, the Baton is yours to keep.
- Extra batons are available at the LAPRRAC merchandise tables

Finish Line

- The last runner will run a 4.6 mile leg into the Westgate Hotel Convention Room.
- The Follow Vehicle will leave their runner at underpass of Las Vegas Blvd. the traffic cone pattern will reduce to 6' wide at that point. F/V will move to the left turn only lanes and proceed to the entrance to the Westgate Hotel. Stop for ONLY a moment to drop off the Observer who will turn in the Run Log at the Finish Line area.
- The runner will stay in the coned off area until they reach Paradise Road paying close attention to the officers at the intersection. Runner will be guided to make the left turn onto Paradise then move to the right inside the coned pattern.
- Volunteer officers will direct the runner from that point.
- Parking for Follow Vehicles is at the north end of the Hotel.
- **DO NOT LEAVE THE VEHICLE UNATTENDED**

Follow Vehicle signs

- Call Smitty's sign at (626) 442-2164 to get a sign made if you need one.
- (2) 6" reflective number are mandatory for the Follow Vehicle: Right Rear Window & Passenger side of FV

Follow Vehicle Inspection

- We will inspect only "New" teams: **Rules Cmt inspector will email you for appointment time.**
- On Friday at 4:00 pm in parking lot in front of the Westgate Hotel Convention Center.

Mug Breakdown/Plaque

See Attachment

This is 50%+ of the teams in in each category. The number of teams may change category prior to race day. This will cause an imbalance for the mugs dispensed. B2V Race Committee will meet to resolve this issue after the race.

Plaques and mugs distribution will begin immediately upon the results being declared **Final**. If your team gets mugs, two representatives (no more and no less) must go to the distribution area.

Additional Mugs

- If your team earns a mug and you want to order more, see attached flyer

War Room

- The War Room will become operational on Sunday at 6:00 am in the Convention Area. If your team has received a penalty, the Team Captain, Co-Captain or a team representative will be heard by the Rules Committee.
- It is our intention to Post the UN-Official Results at 11:00 am. Team Captain - it is your job to review this posting. If a violation is posted, gather as much information including witnesses to present a case before the Rules Committee.
- There will be a four hour window to complete the hearing process.
- At 3:00 pm the **Official** and **Final** results will be posted in front of the War Room and on the web site.
- Teams can then begin to pick up their plaque and mugs.
- **T/C you or your Co/Capt must have your cell phone on in case the Rules Committee needs to reach you on Sunday morning.**

Enterprise Rent-a-Car

- Use the web site www.bakervegas.com; click on **Rental Vehicles**.
- Get moving on renting your shuttle vans.

Volunteer Officer Assignment

- **The assignment for all the Volunteer officers has been completed. The volunteer will be contacted directly by me with a cc: to the team captain explaining their duties. If, for any reason, they have not receive notification contact me immediately.**
- If you change your Volunteer, complete a new form and send it to me.
- If this happens after Monday March 18, have the new volunteer indicate to the RV Support they are taking the place of assigned volunteer.

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**Special Note: These are Larry Moore words of advice to you, Team Captain
So pay close attention!**
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Preparation

- We Have Been Preparing For The Last Six-Months
- You're Trying To Hold Them Together
- You may Find Your 'Original' 20, Have 'Diminished'
- You're 'Scrambling', 'Begging' Folks To Run
- This Is 'Normal!'
- You Must Continue To Prepare Up To Race Day
- Preparation! ... 'Plan Ahead!'
- That's What We Have Been Doing The Last Six-Months
- Hang In There.

NOTE: If You Did Not Attend the Meeting Then Review the Rule Book

Points of Special discussion

- Shoulder Parking (Park on dirt shoulder OFF PAVEMENT)
- All Stages–No Parking Zones Within One-Mile Before Or 100 Yards After Exchange Points (EP's)
- Passing Vehicles
- Following Runner
 - F/V Check in
 - **'ANY'**, Vehicle Code Violation
- Time Schedule Chart
- FINISH LINE **Need for a Catcher**
- Official F/V Check List
 - **From Stage # 18 to the Finish line: No music of any kind. This is a heavily populated area. We have Las Vegas Metro officers working the signal controlled intersections to assist the runner and F/V in crossing. Safety is # 1. If they say stop, then stop and be ready to time delay. There is a Volunteer Officer at (7) major crossings to assist in this process. Runner can use GPS watch that has audible pace and mile indications. No ear buds!**

Follow Vehicle Reporting: Amber light must be seen 360 degrees! Top of your FV

- Your F/V must report to the Check-in/Staging area 22 miles north of Baker one hour prior to your Starting Time. Don't be late! Don't get lost??

Follow Vehicle Driving and Passing

- The driver of the F/V **must** be capable of listening and transmitting on the FRS Radio. This will give the F/V the ability to talk to one another over a short distance.

- The driver must stay to the right-hand edge of the roadway to follow the runner.
- The driver may move to the left to provide aid to the runner when it is safe to do so. Drivers must assist all other vehicles if they wish to pass.

Highway 160

- F/V to F/V: Inform that the runner is about to overtake slower team; slower team F/V will move to the **left** to allow the runner space to pass; when there is space between the faster runner and the slower runner; the F/V will pass on the **left; pass** and return to their position behind their runner. **USE THE SHOULDER LANE**

Road Advisory for Highway 127

- At 7:00 am on Saturday March 23, officers will direct all race traffic to turn right into Baker School.
- All race related vehicles except the Follow Vehicle will be stopped if they have not marked their windows with their Team Number. Use a product called Mean Streak to mark windows.
- The number should be visible on all sides of the vehicle. Properly marked vehicles will not be stopped.

Race Traffic from Vegas

- This is reminder to all teams to advise their members who are coming backward on the race course from Las Vegas, along Highway 160, to mark their vehicle with your team's number.
- Heavy Road Construction on Mt. Springs Pass and an additional section of Hwy 160 will add to your time. Be prepared!
- U-turn locations to get to Stage # 17

Port-a-Potties

- We have ordered 295 portables. Reminder to all. Bring your own supply of toilet paper just in case.

Flashing Reflective Vest

- All runners leaving a stage **after** 7:00 p.m. must be wearing a Flashing vest.
- The Vest must have both two reflective stripes and two rows of flashing lights front and back.
- Runners leaving a stage **after** 7:00 a.m. can choose not to wear a vest.
- Team Catchers must wear a vest with Bib number pinned on at all times.
- Runners who warm up on the highway after dark must be wearing a vest and carrying a flashlight.

Bib Numbers all runners will wear front (chest) and back numbers

- The RV Support Group at each stage will have the bib numbers for each runner.
- The Medical information and Release form is on the back of the Bib number; fill out the front bib only. This must be filled out completely before the runner will be allowed to take the number. Attached in medical question from back of Bib number. Send to your runners so they know the answers.
- **Do not fold the number! Do not remove the tear-off tag.**

Waiver and Relief Form

- On the web site under the 'Team Captain' button. RACE FORMS is the waiver print sufficient forms to cover all your runners.
- Have them read and sign.
- This completed form must be turned in at Registration in order to receive the Official Run Log.

Team Catchers

- These are vital support personnel. Don't get a penalty for someone forgetting his or her job, or worse, have a runner lost who cannot find his or her way to a car or spouse.
- **Green** bib numbers will issued to each team you can also use any bib so long as it matches your Team Number.
- Teams **will** need to have a Catcher at the Finish Line.
- Bring a bottle of water to each finishing runner. The Medical staff needs to observe that the finishing runner can drink and hold down water.

Alternate Runner Bibs

- Each team will be issued (10) bib numbers with a **Yellow** background. This number is to be used if the stage runner cannot complete his or her leg.
- The Alternate runner who travels with the Follow Vehicle shall use these numbers. Should your team have a problem where a runner cannot complete a leg; the Alternate runner will get out of the F/V, pick up the Baton and finish the leg.
- The Stage personnel will note that a **Yellow** bib number eg.123 finished the leg and a 10-minute penalty will be issued.
- It is also the responsibility of the Follow Vehicle crew to report the "Downed Runner." This is a penalty if you do not report a Downed Runner.

Substitute Runner

- Should you find yourself in a situation in which a scheduled runner is a *No Show*, you can use a Substitute (Alternate) runner.
- This runner will check in with the RV Support Group and replace your scheduled runner. NO PENALTY.

- The skipped runner **can become an Alternate runner and be used on another leg.**

Stage # 12 runner

Alice Eychaner can no longer be our Ambassador to Pahrump. She is suffering from Alzheimers.

- Nye County Sheriff Sharon Wherly has stepped up to make sure we have a Welcome Wagon in the center of the town of Pahrump just in front of the Saddlewest Casino. They have coffee, cookies, water, and best of all a personal welcome on the PA calling out the runners name and team as they go by. When you prepare your Preliminary Run Plan, include the full first name of the # 12 runner. Please thank everyone!!

Stage # 1 runner

- Official Race motors will lead and follow the start of each flight.
- The Follow Vehicles are located 4 miles from the Starting line.

First Stage (4) Water Stations

- The RV Support Group and a team volunteer will provide a Water Station at Mile 1 -4 where Follow Vehicle are Staged.

Shoshone Market/Gas Station

Will close at 10:00 pm Saturday. Plan for it

Runner's issues

- Do not drop off your runner's hours in advance of his or her time to run and expect someone else to care for them.
- Runners: **bring your own water!**

Team Captain Check In and Briefing; F/V Drivers Schedule

- **Race Briefings**

The schedule has been adjusted from the Rule Book as follows:

Friday, March 22

- | | |
|--------------------|---|
| 4:00 pm | Inspection of "New" teams Follow Vehicle Westgate Hotel parking lot next to the Convention Room (the parking lot adjacent to Paradise Blvd and next to the large Westgate Hotel sign) |
| 3:00 pm to 6:00 pm | Westgate Hotel Convention Center Registration Desk |
| 6:30 pm | Follow Vehicle Drivers & Observers meeting |
| 7:00 pm | Team Captain Meeting |

Staff will not register teams after 6:30pm!

Saturday March 23

Race Briefing and Team Captain Meeting

8:00 am **Baker School Gym**

Registration until the start of the meetings

9:00 am Team Captain Meeting and the Follow Vehicle drivers meeting
if you didn't attend it in Las Vegas on Friday

SUPPORT Baker School KIDS.

- As a part of our history with Baker School, the race teams have **donated \$14,350.00** to support the athletic program for these kids.

Fax or e-mail any changes to your Category selection, Volunteer or Estimated time to (323) 222-0629

FROM THIS POINT ON WATCH YOUR E-MAIL AND THE WEB SITE FOR UPDATES AND REMINDERS. I WILL CALL YOU ONLY IF IT IS IMPORTANT, PLEASE RETURN MY CALL IMMEDIATELY.

Good Luck
Chuck Foote
Race Coordinator