

**33rd Annual Challenge Cup
Baker to Vegas Relay – March 25-26, 2017**

First Team Captain's Meeting, October 12, 2016
Los Angeles Police Academy
1880 Academy Drive, LA CA 90012
Race Coordinator Chuck Foote called the meeting to order.

The following were introduced:
2017 Race Committee: LAPRAAC Director Chairman of the Race Committee & Race Director; Ret. Det. Ruben Holguin, other members; Ivan Ramos, Rick Santos and Vic Suapaia.

LAPRAAC President

Steve Estrada spoke to the assembled Team Captains. He welcomed them and thanked them for stepping up to coordinate their team. He encouraged them to attend the monthly meetings. He announced the participation of Berlin Police, Germany; Queensland Police Australia and the Belize National Police team's.

Host Hotel

The Westgate Las Vegas Resort & Casino has a very special room rate.

- Special \$ **109.00/night** This Early Bird rate.

2017 Race Rules Committee:

Ruben Holguin, LAPD Race Director and Chief Judge
Sam Zirky, Analyst
Frank Reilman, (Retired Burbank PD)
Rogelio Maldonado, (LA Dist Att. Office)
Andrew Lee, (Ret. LASD)
Martee Miyakawa (LAPD)
Mike Camacho (Retired LAPD)
Patricia Larrigan (Retired Glendale Police Dept.)
Race Consultant Co-Founder: Chuck Foote, (Retired LAPD)

2017 Volunteer Coordinators

| | |
|----------------|--|
| Communications | Joy Matlack, Margie Hoffman & Jeff Lee |
| Light Towers | Matt and Aida Kuckowicz |
| Medical | Dr. Jeffrey Nordella & Robert Sebree |
| Motors | Larry Wehage |
| RV Support | Lisa Villa |
| Awards | Barbara Ginn |
| F/V Coord. | Tony Adler |

LAPRAAC Athletic Department
Athletic Director: Danny Roman
Assistant Athletic Secretary Alex Contreras

Changes for 2017.
Rules Book changes

Review of 2016

- 264 teams started 264 finished the race. Record number of teams
- International teams: RCMP, and Calgary Police Canada
Belize National Police
- Here are a few statistics: 6600+ runners; 4000+ support personnel; 5500 vehicles
- To support this effort: 900 Race Support staff. Close to 100 on duty law enforcement from California Highway Patrol, San Bernardino County Sheriff, Nye County Sheriff, Nevada Highway Patrol and the Las Vegas Metro Police Department.
- Injury report: the weather (high 90's to 100+ degrees and low humidity). **700** people were treated by the medical staff. Nine (9) runners were transported to the hospital in Pahrump with one (1) flown to Las Vegas total of 10 hospitalized. Eight (8) were transported by helicopter and two (2) by ground. All (9) who were transported to the Emergency Room in Pahrump were released with no series injury. The runner who was taken to Las Vegas suffered from a condition called **Rhabdomyolysis**. A serious form of dehydration.
At the Sunday evening Awards Ceremony a runner suffered a Heart Attack, he was taken to Sunrise Hospital and the next day had open heart surgery. He has recovered.
- **RV Support** reported the exchange points worked without too many problems.
- **Motor Support** reported very few problems. Escort and traffic enforcement are their primary responsibilities.
- **Radio Communications**. Deployed 290 hams. The Ham's continue to act as our main source of Emergency Communications and as back-up timing. The race required the coordination of over 250 radio frequencies.
- **Ham Safety Patrol**. Over the first eight stages, sixteen Amateur Radio Operators were deployed to observe and report any medical problems involving the teams. This additional layer proved very successful in spotting problems and reporting to Medical Dispatch.
- **Medical Communications**. The MRN was established to provide entire race course communications. This was done in cooperation with AMR Las Vegas. A

Medical Communications Dispatch Center was located in Pahrump, Nevada. This unit was staffed with experienced, skillful emergency operators who kept their calm and coordinated all of the medical resources. Thanks Riverside Sheriff's Dispatchers and LASD Dispatcher Chris Storey!

- **Volunteer officers.** Were great especially those who were used as the OIC at stages
- **Race Timing.** The Overall team times were posted at the Awards Ceremony. The Individual times were completed in two weeks and posted on the web site.
- **On-line registration.** This procedure continues to be the best way to list the runners in the order in which they will run. Team Captain must insure that after the race is concluded they update their team runner's names in the order they ran.
- **Light Towers.** Your Volunteer drivers did a great job. Follow up will be done to solve difficulties with the proper placement of the Light Tower at the Exchange points.
- **Ice and Water stations.** Water stations were set up at 1, 2 and 3 mile marks. Did your runner drink the water? Ice was delivered to the first seven stages for Medical.
- **Finish Line.** This operation ran without too many problems.
- Official Web Site; www.bakervegas.com

Stage # 16

This was the third year for this location at the top on Mt. Springs Pass. The Archery Range has enough space to park the 264 Support vehicles over a 5 and half hour period of time. I saw many vehicles parked East of the exchange point parked in an area off the road. I will continue to work on this exchange point.

Emergency Road Work on Stage #17

Highway 160 was under construction for 1.2 miles where the road narrowed without any shoulder. Additional Nevada Highway Patrol personnel were contracted to slow and escort the runners. Nevada DOT is widening Highway 160 to match the 4 lanes at the top of Mt. Springs.

Downed Runner

We had 27 reported "Downed Runners". This continues to be an Educational problem.

International Team(s)

Returning in 2016 were our friends from the Great Northwest; a Women's team from the Royal Canadian Mounted Police, along with a RCMP from "K" Detachment Edmonton, and from Calgary Police Service both men and women teams. As we expand the reach of

the race we had a team from Belize. This was a great mixed team who would finish in 6th overall. They got a great cheer at the finish line and at the Awards Ceremony.

NYPD

New York men did a great job finishing in third place overall along with a 4th place finish by the NYPD women.

LAPRAAC Trademark

Chuck addressed the group regarding the issue of the trademark. Teams are allowed to use the logo for team shirts and other items as long as they are used for team use and not for public sale. All events using the trademark must secure prior approval. There is a form on the web site for those who wish to use the logo in this fashion. Please send in your proposed artwork or other requested use of the Trademarks to:
Ruben Crane by Fax (323) 222-5949.

Chuck Foote-Race Coordinator

Chuck spoke about the necessity of PLANNING and setting a *Team Goal*. How to be a great team captain: What are the key features of success: Administrative duties: fund raising, establish a budget, support team, vehicles, uniforms, etc. **Training:** how to get people to run? Time trials, road races or just run with them. **Enthusiasm:** posting times, involve the entire department, barbeque, and cookie sales. These are just a few ideas that keep the team together.

With the Internet today, no one should be uninformed. Keep the communications wide and open. Do you have your team in an address book?

Entry Fee

- The entry fee for this year's race is \$2100.00
- Make check payable to the Los Angeles Police Revolver and Athletic Club (LAPRAAC)-Baker to Vegas
Mail to: LAPRAAC- Baker to Vegas, P O Box 861148, Los Angeles CA 90086-1148
- Entry Fee due no later than November 30, 2016.

Rule Book 2017

- The Rule book for the upcoming race is updated and posted on the web site.
- Cut-off date for new employees will be January 1, 2017
- Cut-off transfer date for LAPD will be DP# 14. 12-25-16
- All Invitational Categories will require at least (2) non-sworn runners
- Must be finished by 0900 hours and must be through Stage # 18 by 0700 hours or team become UN official and removed from the course.
- All Catches will need to be wear a Team Bib Number pinned to a reflective vest.
- Add Catcher to Finish Line

Start Times

- In order to assure the safety of the race participants and the users of the highways in Nevada, the race will continue to use a staggered format
- 9 Starts beginning at 0800 through 1600
- Fastest teams will start at 1600
- California Highway 127 will **not** be closed to other traffic during our event

Volunteer Officer

- Each team will submit one of their personnel to work on behalf of the overall race as an official.
- Do not submit an individual who is working the race from a Volunteer Group
- This assignment will last anywhere from 7-9 hours 10 hours at the first few stages.
- The priority of the assignment will be given in the order of the paid entry fee

Trash

- A Problem. Several stages were a mess the following day when race course monitors went back over the course. We need to improve.

Race Categories

- **Open Division** any gender/any age. Sworn only
- **Mixed Division** minimum of (5) female runners. Sworn only
- **Women Division** all female runners; pick from entire agency. Sworn only
- **800 years Division** ages of runners must total 800. Sworn only
- **300 Division** agencies with less than 300 sworn personnel. Sworn only
- **150 Division** agencies with less than 150 sworn personnel. Sworn only
- **99 Division** agencies with less than 99 sworn personnel. Sworn only
- **Station** Geographic Station can only use those sworn personnel assigned to the Station. Sworn only

All Invitational Categories will require at least (2) non-sworn runners

- **Station Inv** combination of sworn and civilian personnel assigned to the Station.
- **Inv Division** combination of sworn and civilian personnel who are full time employees of that agency
- **Mixed Inv** combination of sworn and civilian personnel with a minimum of (5) female runners who are full time employees of that agency
- **500 Inv** Agencies with less than 500 total Sworn and Civilian personnel
- **Invit 800** This is a combination of sworn and non-sworn along with total years of 800
- **Invit 800 Mixed** combination of sworn and civilian personnel with minimum of (5) female runners who are full time employees of that agency. Runners combined age 800 years or more
- **Guest** Any team invited by the Rules Committee.

Running Baton

We will continue to list “End of Watch” race related personnel and their special numbers on the Race baton. We will also place an EOW photo on your Bib Number.

Team Composition

Any team interested in combining with any other agency or unit MUST write the Rules Committee with a justification. This should include the number of sworn personnel, chain of command and why it is necessary. A combined team may use up to a maximum of (4) contiguous agencies.

Retired Personnel

Teams are welcome to use retired Sworn or Civilian personnel. The rule is as follows:

1. They must have retired from that agency, Division or Station
2. Must have retired in Good Standing
3. A letter must accompany the request from Personnel Officer or Chief of Police indicating the above

Race Communications Seminar

November 30 from 0900-1130 at the Academy Lounge. I encourage you to come to the seminar and bring your Communications team with you. Points of discussion will be options to use: Ham radio; CB radio; Department equipment; Cell phones; Rental radios or APRS systems. Date to coincide with the T/C Meeting.

RSVP max capacity of the room is 150 people.

Suggested Training Races

Chuck pointed out the need to take the key members of your running team to as many races as possible. If you know of races please make me aware so I can notify all team captains.

Training Races

Los Angeles Sheriff's have begun their annual Mug Run Series. This is a great team training opportunity. Mug Race dates TBA.

Go to: www.lasaa.org

The Race Rules Committee meets as often as necessary to review the rules and improve the race. If you have any suggestions please forward them to:

Chuck Foote, Race Coordinator.

Fax (323) 222-0629

E-Mail; cfoote@bakervegas.com

Phone Number (323) 221-5222 EXT. 220

Next meeting: November 30, 2016

Sincerely,

Chuck

Race Coordinator